



## ☀️ **Settling In Sessions at Sandcastle Nursery & Preschool Ltd** ☀️

Starting Nursery is a big step, and we want to make the transition as smooth and positive as possible for both you and your child. Our settling-in process is designed to gradually introduce your child to the setting, nursery practitioners, and routine at a pace that feels comfortable for them.

We will email you your child's personalised settling-in dates and times about two weeks before the first session. This allows us to ensure we are using the most up-to-date room sheets and can accommodate your child's individual routine, including nap times.

### 🧸 **Settling In Session 1 – 30 Minutes "All About Me" Meeting**

You and your child will come into the nursery for a short visit to explore the room together. This is a chance for you to meet the team, share information about your child's routine, comforts, likes, dislikes, and ask any questions you may have.

### 📍 **Settling In Session 2 – 1 Hour - First Drop-Off**

Your child will spend an hour in the nursery without you, helping them get used to being dropped off and collected at the entrance. Our team will support them with care and reassurance as they begin to build confidence.

### 🍽️ **Settling In Session 3 – 2.5 Hours - Snack & Mealtime**

This session includes time for a snack and main meal. It helps your child become familiar with our mealtime routines and further explore the environment with staff and peers.

### 🌱 **Settling In Session 4 – Up to 4.5 Hours - Longer Play & Mealtime**

This longer session allows more time for your child to play, learn and settle into the rhythm of the day. They will enjoy a snack and main meal during this visit and spend more time getting to know their key person and group.

### 💬 **Questions?**

If you have any questions at any stage of the settling process, please don't hesitate to contact us. We're here to help every step of the way.

